

## 2011 MAG TIMETABLE

**MAG** – (Men Artistic Gymnastic – National Levels: working on Floor, Vault, Parallel Bars, Pommel horse, Rings and High Bar)

Group / Level	Age	No of gymnasts	Possible Number	Day	Time	COACH	Type of class
<b>MAG Prep</b> Level 1	Grade 1-5 6+ years			Friday	3.30 – 5.00 PM	<b>Ross Madden</b>	Introduction to MAG working Level 0 – 1. Gymnasts compete in all Inter-club events.
<b>Team 3</b> Level 2	School Grade 3+ 7+years			Tuesday	3.30 – 5.30PM	<b>David CAPILL</b>	Level 1 working for Level 2. Gymnasts compete in all Inter-club and Regional events.
				Thursday	3.30 – 5.30PM	<b>David CAPILL</b>	
<b>Team 2</b> Level 3	School Grade 4+ 8+years			Tuesday	3.30 – 5.30PM	<b>David CAPILL</b>	<i>Term 4-09 – Team 2 will train T-Thur-Frid.</i>
				Thursday	3.30 – 5.30PM	<b>David CAPILL</b>	
				Saturday	8.30 - 10.30AM	<b>David CAPILL</b>	
<b>Team 1</b> Level 4-7	School Grade 5+ L4-6			Monday	3.30 – 7.30 PM	<b>David CAPILL</b>	Level 3 and above. Gymnasts compete in all Inter-club, Regional and State events, incl. trials for State Team
				Wednesday	3.30 – 7.30 PM	<b>David CAPILL</b>	
				Friday	3:30 - 7:30PM	<b>David CAPILL</b>	